First Communion 2019
Congratulations to our
104 First Communicants!

Mass Schedule

Weekend
5:00 pm (Saturday Vigil)
7:15 am | 9:00 am
10:45 am | 12:30 pm
5:00 pm

Weekday
Mon. - Fri.: 7:00 & 8:15 am
Wednesday: 6:30 pm
1st Friday: 7:30 pm
Saturday: 7:00 & 8:15 am

Photos courtesy of The A.M. Photography
Our Vision:
Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession
Saturday: 3:30 pm
Thursday before 1st Friday: 3:30 pm
Weekdays: Call for an appointment.

Eucharistic Adoration
Perpetual Adoration is ongoing in our Governo House Adoration Chapel. Temporarily closed 9 pm–6 am.

Anointing of the Sick
First Saturday (except January) at 12:00 pm. All seniors and those seriously ill or anticipating surgery are invited to attend.
Next Mass: June 1.

Sacraments
For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral, contact us at 510-797-1660 or holyspiritfremont.org.

First Friday Mass
Next Mass: June 7, 7:30 pm

New to Holy Spirit?
Welcome! To register, please visit the Rectory Office or go online at holyspiritfremont.org/join-our-community

Interested in Catholicism?
To learn about the Catholic faith, please call 510-456-4975

Pray for Our Recently Departed
Ida Waterman, Carmelita S. Macasaet

Birthday Blessings
John Paul Marbella, Sonali Kharat

Wedding Anniversary Blessings
Nimish Seraphim and Sonali Kharat

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.
What’s Happening at Holy Spirit?

Vocations Cross Program

We invite parishioners to receive the Vocations Cross and commit themselves to pray daily during the week for the gift of more priests, deacons, sisters, and brothers to serve in our Oakland Diocese. After your week is completed, you will in turn ask another individual, couple, or family to take up the Vocations Cross and continue to pray for vocations. All are encouraged to pray for the vocations of priesthood and religious life.

Jackson Rancheria Casino Trip

The Filipino Society is hosting another fundraising casino trip—to Jackson Rancheria on Saturday, May 25th. Tickets are $40 each, with a $20 return. We’ll leave Holy Spirit at 8am sharp for a day of fun and jackpots! For tickets or info, contact Maryanne Gacusan 510.289.0382 or Mung Bernardo 510.710.8007.

Holy Spirit Parish Festival

Join us on Sunday, June 9, 2019, 9:00 am to 7:00 pm to celebrate the 133rd Anniversary of Holy Spirit Church. Enjoy a day of fellowship, food, bingo, games, live entertainment, and more! Don’t forget to buy your Raffle tickets—stop by the table in St. Francis Plaza after all Masses or visit the Rectory Office, $2/ticket or $20/booklet (11 tickets). Prizes: 1st-$2000; 2nd-$1000; 3rd-$500. Drawing will be during the Festival. We’re also raffling off 6 Preferred Parking spaces—$5/ticket. Purchase a ticket after Mass for a chance to win a reserved spot.

Parish Library

Sun 9 am-12:30 pm | in Governo House near Adoration Chapel

Our Library just added new DVDs including “All Shall Be Well” about Blessed Julian of Norwich, “Saint Rose of Lima” and “Network of Freedom,” a true story of Sister Helene Studler. We also have a selection of new CDs—Sola Scriptura; The Communion of Saints, and The Eucharist Explained. Stop by the library and see our collection of DVDs, CDs and books.

Rectory Office Now Open Everyday

We will be open once again on Wednesdays beginning May 22nd. Daily hours: 9:00 am-5:00 pm
“This is how all will know that you are my disciples, if you have love for one another (John 13:35).

That’s how the world will know that we belong to Christ, that we follow Him, that we are Christians. By our love.

It is true that we have to believe all that God has revealed in Christ. It is how we come to know the Lord! It is very important that we follow God’s commandments and live according to the teachings of Christ’s Bride – the Church. It would be arrogant to think we have all the answers!

But how will the world know that we belong to Christ? Through the way that we love like Christ, with a willingness to lay down our lives for each other (see 1 John 3:16).

St. Josemaria Escriva put it so well: “the distinguishing mark of the apostles and of true Christians in every age is, as we have heard: ‘By this’, precisely by this, ‘shall all men know that you are my disciples, if you have love for one another’” (Friends of God, #224).

Bl. Stanley Rother was a missionary in Guatemala who ended up giving his life for the people he served there. He was an ordinary, simple priest who wanted to live the way Christ taught and his death for his people reveals the love of Christ. He is a reminder to all of us – priests, parents, spouses, single, widowed – that we evangelize best when we love the way that Christ did. While it may not mean the laying down of our lives, our willingness to love others sacrificially is the key to making Christ known.

Go to holyspiritfremont.formed.org, or go to our homepage at holyspiritfremont.org and click the link to be taken to FORMED. Our pick of the week will be on the top of the Community page.

“A shepherd cannot run at the first sign of danger.” - Blessed Stanley Francis Rother

An Ordinary Martyr, the Life and Death of Blessed Stanley Rother, tells the story of a young man born into a devoted German Catholic family in the small farming town of Okarche, Oklahoma. His calling to the priesthood and missionary service led him to Guatemala where he would give his life for his people. This short film captures the heart, devotion and resolution of Blessed Stanley Rother and the ultimate sacrifice he made for his faith.
We’re Open!

Parish Office
Mon.-Sun.
9:00 am-5:00 pm

Faith Formation/De Sousa House Office
Mon.-Thur.
8:30 am-4:30 pm

Gift Shop
Sat. 6:00 am-7:00 pm
Sun. 8:00 am-2:30 pm

Parish Library
Sun.
9:00 am-12:30 pm

Kidzone
9 am, 10:45 am, & 12:30 pm Masses
We offer free care for your preschooler every Sunday.
We are located downstairs beneath the church. Please stop by and visit us! More info call Fran at (510) 456-4974.

Clergy
Fr. Kenneth L. Sales, Pastor
510-456-4964
Fr. Lee Chompoochan, Parochial Vicar
510-797-1660
Fr. Matthew Murray, Parochial Vicar
510-456-4965
Dcn. Rigo Cabezas, Dir. of Rel. Ed.
510-456-4975
Dcn. Chuck Glover, Pastoral Care
510-789-8652
Dcn. Steve Lewellyn, RCIA
510-797-1660
Dcn. Tim Roberto, RCIA
510-598-7408
Dcn. Emeritus Richard Yee, Retired

Departments
Business/Maintenance: Jeff Van der Sluis
(510) 456-4970
Facilities Scheduling: Rosalyn Jose
(510) 456-4995
Faith Formation and Youth Ministry Office: (510) 456-4974
Music: Paul Orella
(510) 673-3873
Safe Environment: Keiru Bakke
(510) 456-4972
St. Vincent de Paul: (510) 797-3672

What’s Happening at Holy Spirit?

Called and Gifted Retreat
We invite all to this very revealing retreat on May 31-June 1. We are called by the Lord and gifted by the Holy Spirit. Find out your Gifts and how you’re Called to use them. You will have fun and you will be strengthened in your faith! To register: Dcn Rigo 510.456.4974

Holy Spirit Gift Shop Now Open
The Holy Spirit Gift Shop is now open! Check out our new look! We have new merchandise and a variety of gift items. We’d love to see you! Stop by for a visit!
Like helping people? We need volunteers.

Holy Spirit Preschool
Holy Spirit Preschool offers a partnership between home and school. We are dedicated to developing the whole child by providing quality, well-rounded Catholic education for the preschool-aged child focusing on spiritual, academic, social, emotional, and physical growth in a safe, caring environment. Space limited. Schedule a tour (510) 793-2013.

Filipino Society $5 Meal Deal
May 26, 2019 | Peace Center
The Filipino Society is hosting their $5 Meal Deal after all the morning and 12:30 pm Masses next Sunday, May 26th. Get a great meal for a great deal! Proceeds will help fund the baptismal font project. Thank you for your support!

Rebuild My Church
2019 Bishop’s Appeal Update
As of April 30, 2019, Holy Spirit Church has raised over $78,000. Because of the generosity of our parishioners, we are now at 78.49% of our goal. We thank you for your continued support. Money raised for the Bishop’s Appeal will assist those in need in the Oakland Diocese.

Adoration Chapel
Spend one hour with the Lord. To sign up, go to www.holyspiritfremont.org, click on the button ‘Sign up for Adoration Pro,’ choose “Weekly Commitment” then click on ‘Sign up.’ You may also stop by the Rectory Office to sign up for Adoration.

Like helping people? We need volunteers.
News and Events

KidZone
KidZone is hiring for the Sunday Program! Applicants must be 21+ yrs., have experience working with preschool-age children, and is full of energy! Work hours are 1-2 Sundays each month, 8:30 am-2:00 pm. Please contact Fran at (510) 456-4974 for more information.

Children’s Liturgy of the Word
9:00 am and 10:45 am Sunday Masses
K-4th graders are invited to join Children’s Liturgy of the Word. We share the Gospel and have a Gospel-related activity. Join us at the banners when the Mass celebrant invites the children to come forward. Parents welcome. Children return during the Offertory. No registration or fee.

St. Vincent De Paul Food Pantry
Heading to the store this week? Consider picking up a few items for our SVdP food pantry:
- Canned Spaghetti Sauce
- Spaghetti Noodles—not wheat
- Canned Fruit

Please drop off non-perishable food donations at the rectory office. Thanks for your support!

Please note: All food donated must be in factory sealed packages/containers.

A/V Team
Do you like working with cameras, sound equipment, etc.? Join the A/V Team! After completing the internship, each team member receives $27.50 per Mass worked. Must be 16+ yrs. old and willing to work at the 5 pm Mass on Saturday; and/or 7:15 am, 5 pm Masses on Sunday. Space limited. For more info, contact Jeff at jeff@holyspiritfremont.org

Holy Spirit Office Volunteers Needed
We are looking for weekend volunteer receptionists. Tasks include: answering phones, greeting visitors, welcoming new parishioners, and other miscellaneous tasks. This is a dynamic, engaging, and positive environment to serve our parishioners. For info, call 510.456.4969

Bereavement Support
Are you dealing with the death or illness of a loved one, a divorce, a job or other life-changing loss? Sharing your story with others in a confidential environment may speed healing and lighten the burden. Your story is unique, but pain is universal. Our deanery-sponsored support group’s next series begins Sunday, May 19, 2019, 2:30-3:30 pm, in the Fireside Lounge:
- May 19 - Sharing the Story of Your Grief;
- June 2 - As You Deal with Your Loss;
- June 9 - Anger & Regrets;
- June 23 - Sharing a Special Reading;
- June 30 - Maturing Grief;
- July 7 - Sharing Memories;
- July 14 - Ritual & Healing;

and concluding on July 21 - Memorial Service.
For more information, please contact Helen Campbell, 510.795.7958.

We welcome our newly baptized!
Zoe, Noah, Ysabelle, Dashiell

Giving Corner

| Sunday, May 12 | $29,879 |

Our pledged weekly amount (excluding special collections): $31,963

From our Youngest Stewards
Abbey, Celestina, Ellie, Langston
ADORATION CHAPEL

Dear Holy Spirit Parishioners,

In the spirit of Maintenance to Mission, I would like to personally invite you to spend time with our Lord Jesus in the Blessed Eucharist.

Our faith teaches us the Real Presence of Jesus resides in Heaven and on earth under the Sacramental Veil of the Eucharist found in the Tabernacle of every Catholic church. In some churches, there is a special chapel devoted to the Eucharist Presence of Jesus, like our Adoration Chapel here at Holy Spirit Church in the Governo House. [KB1] For those who visit our Lord in the Adoration Chapel, I thank you from the bottom of my heart. For those who cannot visit the Lord because of physical limitations, work, etc., your intentions are in my prayers before Jesus in the Blessed Sacrament. For those of you who can visit the Lord but are unsure where to start, I would like to share my story.

Before I became a priest, I struggled to approach our Lord up close and personal, because God is everywhere; therefore, I didn’t need to be in the adoration chapel to pray and speak to Him. When I entered the seminary and Adoration was introduced as an integral part of nurturing my relationship with Jesus, I began to understand that our Lord thirsts for me and my friendship with Him. It was tough to develop the habit of visiting him regularly, but knowing that He longs and thirsts for me and you, I came to realize that this is not about me or you, it’s about Him who loves us unconditionally and His tender mercy toward us.

The Eucharist goes beyond the spiritual presence of God because the Eucharist is God – Jesus, the Risen Lord, Body, Blood, Soul, and Divinity. Our mortal eyes see a host of what looks like unleavened bread, but our eyes of Faith see and recognize Jesus, our Risen Lord, truly present under the appearance of Bread. It is a tremendous gift of faith to believe Jesus is in the Eucharist. It takes prayer. So let us begin in prayer before God.

Please search your hearts and commit to a Holy Hour with our Lord Jesus in our Adoration Chapel. Visit our website at www.holyspiritfremont.org then click on the button ‘Sign-up for Adoration Pro’ OR you may visit the Rectory Office where our staff will personally sign you up.

Jesus awaits your visit.

In Jesus our Eucharistic Lord,

Fr. Ken Sales, Pastor