Youth Day 2019

Youth Ministry Thanks You

On behalf of the Holy Spirit Youth Ministry, we thank all of the parishioners for your support these past few weeks. Because of your generosity, 12 teens were able to attend Youth Day at L.A. Religious Education Congress last weekend. Thank you for your kindness and may God bless you!

Mass Schedule

<table>
<thead>
<tr>
<th>Weekend</th>
<th>Weekday</th>
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</thead>
<tbody>
<tr>
<td>5:00 pm (Saturday Vigil)</td>
<td>Mon. - Fri.:</td>
</tr>
<tr>
<td>7:15 am</td>
<td>9:00 am</td>
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<tr>
<td>10:45 am</td>
<td>12:30 pm</td>
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<tr>
<td>5:00 pm</td>
<td>6:30 pm</td>
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<tr>
<td>1st Friday:</td>
<td>7:30 pm</td>
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<tr>
<td>Saturday:</td>
<td>7:00 &amp; 8:15 am</td>
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Be Spirit filled and make disciples!
Our Vision:
Be a flourishing community of intentional disciples shining as beacons of Christ.

Saturday, March 31 | Fourth Sunday of Lent
Jos 5:9a, 10-12; Ps 34:2-7; 2 Cor 5:17-21; Lk 15:1-3, 11-32
Alternate readings (Year A): 1 Sm 16:1b; 6-7, 10-13a; Ps 23:1-6; Eph 5:8-14; Jn 9:1-41[1, 6-9, 13-17, 34-38]

<table>
<thead>
<tr>
<th>Time</th>
<th>Prayers</th>
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<tbody>
<tr>
<td>5:00 pm</td>
<td>Sebastian &amp; Concetta Manzitto †, Rupert Ramirez †, Lita Vallejo Cluster †</td>
</tr>
<tr>
<td>7:15 am</td>
<td>Mike Brand †, Clelie M. Wilkerson †, Teifilo &amp; Jose Dela Cruz</td>
</tr>
<tr>
<td>9:00 am</td>
<td>Ememorita Gonzales †, Felicidad M. Fernandez †, Judith Rama Esiuadro †</td>
</tr>
<tr>
<td>10:45 am</td>
<td>Noah Kennedy, Emily Sardinas †, Norberto Q. Villar †</td>
</tr>
<tr>
<td>12:30 pm</td>
<td>Eloisa Real, Amelia Cancio Amarillas †</td>
</tr>
<tr>
<td>5:00 pm</td>
<td>For the People of Holy Spirit Parish</td>
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Monday, April 1 | Monday of the Fourth Week of Lent
Is 65:17-21; Ps 30:2, 4-6, 11-13b; Jn 4:43-54

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<tr>
<th>Time</th>
<th>Prayers</th>
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<tbody>
<tr>
<td>7:00 am</td>
<td>Ignacio G. Yumena †, Lene Vidola Martinez</td>
</tr>
<tr>
<td>8:15 am</td>
<td>Florante &amp; Bella Asis, Dennis D. Engalla</td>
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Tuesday, April 2 | Tuesday of the Fourth Week of Lent
Ez 47:1-9, 12; Ps 46:2-3, 5-6, 8-9; Jn 5:1-16

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<tr>
<th>Time</th>
<th>Prayers</th>
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<tbody>
<tr>
<td>7:00 am</td>
<td>Ruth Nicholson †, Solita Bernardo †</td>
</tr>
<tr>
<td>8:15 am</td>
<td>Francis Vu †, Narasimhan</td>
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</table>

Wednesday, April 3 | Wednesday of the Fourth Week of Lent
Is 49:8-15; Ps 145:8-9, 13cd-14, 17-18; Jn 5:17-30

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<tr>
<th>Time</th>
<th>Prayers</th>
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<tbody>
<tr>
<td>7:00 am</td>
<td>Timothy Puthokaran</td>
</tr>
<tr>
<td>8:15 am</td>
<td>A.J.Jose †, Emelda Athai †</td>
</tr>
<tr>
<td>6:30 pm</td>
<td>Alicia Ong †, Leticia Felarco †</td>
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Thursday, April 4 | Thursday of the Fourth Week of Lent
Ex 32:7-14; Ps 106:19-23; Jn 5:31-47

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<tr>
<th>Time</th>
<th>Prayers</th>
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<tbody>
<tr>
<td>7:00 am</td>
<td>Grigg Calo †, Victorina Red †</td>
</tr>
<tr>
<td>8:15 am</td>
<td>Anna Orias, Francis Choy</td>
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Friday, April 5 | Friday of the Fourth Week of Lent
Wis 2:1a, 12-22; Ps 34:17-21, 23; Jn 7:1-2, 10, 25-30

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<tr>
<th>Time</th>
<th>Prayers</th>
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<tbody>
<tr>
<td>7:00 am</td>
<td>Jose Sebastian †</td>
</tr>
<tr>
<td>8:15 am</td>
<td>Helen M. Orias, Irene Jenkins</td>
</tr>
<tr>
<td>7:30 pm</td>
<td>Alexander Asis</td>
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Saturday, April 6 | Saturday of the Fourth Week of Lent
Jer 11:18-20; Ps 7:2-3, 9bc-12; Jn 7:40-53

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<tr>
<th>Time</th>
<th>Prayers</th>
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<tbody>
<tr>
<td>7:00 am</td>
<td>Virginia Barroga †</td>
</tr>
<tr>
<td>8:15 am</td>
<td>Timoteo Concepcion, George Legier †</td>
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Please note: Our prayer list is refreshed every week. Feel free to call the office to include your loved one for the week: (510) 797-1660.

Confession
Saturday: 3:30 pm
Thursday before 1st Friday: 3:30 pm
Weekdays: Call for an appointment.

Eucharistic Adoration
Perpetual Adoration is ongoing in our Governo House Adoration Chapel. Temporarily closed 9 pm—6 am.

Anointing of the Sick
First Saturday (except January) at 12:00 pm. All seniors and those seriously ill or anticipating surgery are invited to attend.
Next Mass March 2.

Sacraments
For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral call the office at (510) 797-1660 or check out holyspiritfremont.org.

Interested in Catholicism?
Learn about Jesus, the Catholic faith, or become Catholic: (510) 456-4975.

Pray for Our Sick
William Domingo
John Healy
Gladys Lee
John Phirippidis
Mimi Street
Harrison Yap

Pray for Our Recently Departed
Carmel Cobarrubias, Jamie Delgado, Erlinda Domingo

Anniversary Blessings
Kevin & Charmaine Angelo (13 yrs.)
What’s Happening at Holy Spirit?

Lenten Fish Fry
Join us for our Lenten Fish Fry on Friday, April 5th—5:30 to 7:30 pm in the Parish Center. Menu includes fried and baked fish, pasta, tater tots, green beans, tossed salad and coleslaw. Desserts and beverages available. Adults $10, children (5-12) $5. Hosted by the Knights of Columbus.

Knights of Columbus Scholarship
The Knights of Columbus is offering $500 scholarship to a graduating 8th grader who plans to attend a Catholic high school in the fall (2019-2020 schoolyear). For an application, please send a large, self-addressed, stamped envelope to: Knights of Columbus, 39120 Argonaut Way #182, Fremont, CA 94538

KidZone
KidZone is hiring for the Sunday Program! Applicants must be 21+ yrs., have experience working with preschool-age children, and is full of energy! Work hours are 1-2 Sundays each month, 8:30 am-2:00 pm. Please contact Fran at (510) 456-4974 for more information.

Holy Spirit School Fun Run
Please support our priests, clergy, ministries and parishioners as they participate in this year’s Fun Run, a very exciting event. The health and wellness-themed school fundraiser is happening on Wednesday, April 10, 2019, 8am-12pm on parish grounds. We hope that we can count on your generous support. Thank you and God bless!

Holy Spirit Preschool Now Enrolling
Holy Spirit Preschool offers a partnership between home and school. We are dedicated to developing the whole child by providing quality, well-rounded Catholic education for the preschool-aged child focusing on spiritual, academic, social, emotional, and physical growth in a safe, caring environment. If interested, schedule a tour (510) 793-2013. Space is limited.
Forgiven—Session 3: Embraced in Mercy

Whether you go to Confession regularly or a decade ago, this session guides you step-by-step through the deeper meaning of every aspect of the Rite—what it is, why we do it, and how it impacts your life.

From the Desk of Fr. Matthew...

Whoever is in Christ is a new creation... (2 Corinthians 5:17)

Can you remember? The ability to remember, our memory, is an amazing gift. To be able to hold and cherish moments in my life that I hold most dear is a great blessing. But it can also seem like a curse. I remember many of the things I thought, said, and did that I am truly ashamed of and wish had not occurred.

My ability to remember enables me to realize that my past actions and the actions of those around me shape and mold the person that I am today. My good actions can build virtue in my life. My sins, too, have the power to shape my life as it is now. Is there any way to be free from sin and all of its damaging effects in my life?

God is a good Father Who looks for us when we are lost and truly seeks to heal us when we are broken. Sin destroys my relationship with God and with His Church. It is more than just breaking a rule. The sins I commit, particularly mortal sins, are acts of rebelling against God which destroy His life in me. But God our Father loves us too much to allow us to remain without knowing His mercy.

When we sin, God seeks us out, much like the father in the Gospel of this weekend’s Mass (Luke 15:1-3, 11-32). When we return to Him, sorry for our sins, even if it is the millionth time, He forgives us, drawing us to Himself in a warm embrace. As St. Paul reminds us in the Second Reading (2 Corinthians 5:17-21), “God was reconciling the world to himself in Christ, not counting their trespasses against them and entrusting to us the message of reconciliation.” Through His Son, God has revealed that He wants nothing more than to have us at home in His love, in His family the Church.

I am able to be freed from my sins and know our Father’s mercy in the Sacrament of Reconciliation. By confessing my sins in this Sacrament, I have the opportunity to come home to the Father’s mercy and to be renewed by His grace. I love this quote from the Catechism of the Catholic Church: “...the sacrament of Reconciliation with God brings about a true ‘spiritual resurrection,’ restoration of the dignity and blessings of the life of the children of God...” (1468). While mortal sins, which we need to confess, may have cut me off from the life of God, God brings about a real resurrection in my life whenever I go to confession. Amazing! The shameful memory of my sins does not have to haunt me. When I go to confession I become, once again, a new creation in Christ.

Allow this season of Lent to be a time for making a good Confession. May it be a season of remembering that God’s always available to us should we ever fall into sin. This is something that is always good to remember: no sin is greater than God’s mercy!

FORMED pick of the week

Go to holyspiritfremont.formed.org, or go to our homepage at holyspiritfremont.org and click the link to be taken to FORMED. Our pick of the week will be on the top of the Community page.

Forgiven—Session 3: Embraced in Mercy

Morning Reflections with Fr. Matthew: Monday-Friday mornings through Holy Thursday, Apr 18, 6:15-6:45 am, De Sousa House
Alpha Lent/Easter Series: Wednesdays, 7:00-8:30 pm, De Sousa House
Stations of the Cross: Fridays, 7:30 pm, church
Knights of Columbus Friday Fish Fry: Apr 5, 5:30-7:30 pm, Parish Center
Communal Reconciliation: Monday, Apr 15, 7:00 pm, church
We’re Open!
Parish Office:
M-F. 9:00 - 5:00
Closed Wednesday
Sat. & Sun. 9:00 - 2:00
Faith Formation/De Sousa House Office:
M-Th 8:30 - 4:30
Gift Shop:
Temporarily closed for remodeling
Parish Library:
Sun. 9:00 - 12:30

Kidzone
9 am, 10:45 am, & 12:30 pm Masses
We offer free care for your preschooler every Sunday.
We are located downstairs beneath the church. Please stop by and visit us! More info call Fran at (510) 456-4974.

Clergy
Fr. Kenneth L. Sales, Pastor
510-456-4964
Fr. Lee Chompoochan, Parochial Vicar
510-797-1660
Fr. Matthew Murray, Parochial Vicar
510-456-4965
Dcn. Rigo Cabezas, Dir. of Rel. Ed.
510-456-4975
Dcn. Chuck Glover, Pastoral Care
510-789-8652
Dcn. Steve Lewellyn, RCIA
510-797-1660
Dcn. Tim Roberto, RCIA
510-598-7408
Dcn. Emeritus Richard Yee, Retired

Departments
Business/Maintenance:
Jeff Van der Sluis
(510) 456-4970
Facilities Scheduling:
Rosalyn Jose
(510) 456-4995
Faith Formation and Youth Ministry Office:
(510) 456-4974
Music: Paul Orella
(510) 673-3873
Safe Environment:
Keiru Bakke
(510) 456-4972
St. Vincent de Paul:
(510) 797-3672

What’s Happening at Holy Spirit?

Morning Reflection
De Sousa House
Join Fr. Matthew Murray for tea/coffee and donuts as he leads us through a guided reflection on 33 Days to Merciful Love. We meet in De Sousa House on weekday mornings from 6:15 am to 6:45 am during the season of Lent through Holy Thursday. Please contact Dcn. Rigo for more information at denrigo@holyspiritfremont.org

Lent/Easter Alpha Series
Wednesdays | 7:00 pm | De Sousa House
The Alpha team invites you to dinner followed by a short video presentation designed to engage participants in conversations about faith, life, and Jesus. We meet during Lent and Easter on Wednesdays, 7:00-8:30 pm, in the De Sousa House. For more information, please call Dcn. Rigo at 510-456-4975. All faith levels welcome.

Open Door to Returning Catholics
Wednesdays | 7:15 pm | De Sousa House
Returning Catholics is a parish outreach program that invites non-practicing or inactive Catholics to return home to the Catholic Church. Would you or someone you know benefit from this program? Stop in! No registration necessary.

Children’s Liturgy of the Word
9:00 am and 10:45 am Sunday Masses
All children K-4th grades are invited to join Children’s Liturgy of the Word. We share the Gospel and have a Gospel-related activity. No need to register and there is no fee. Just join us at the banners when the Mass celebrant invites the children to come forward. Parents are welcome. The children return at Offertory during the Liturgy of the Eucharist.
Join Our Staff!

Would you like to share the talents you’ve been blessed with? We are looking for an Office Receptionist and a Gift Shop Manager. Please go to holyspiritfremont.org/announcements for more info. Contact Jeff@holyspiritfremont.org with any inquiries.

2019 Presentation Ball

St. Queen Isabella Ministry cordially invites our Holy Spirit parishioners to join us at the 2019 Presentation Ball on April 27, 2019. Tickets are available online at www.holyspiritqueen.com. Come and enjoy a sumptuous dinner, entertainment and dancing.

CRS Rice Bowls

If you have filled up your bowl before the end of Lent, please bring it to the Rectory Office. We will also accept Rice Bowls during the Offertory at the following Masses: Palm Sunday, April 14; Easter Sunday, April 21; and Divine Mercy Sunday, April 28.

Parish Blood Drive

We are hosting Blood Centers of the Pacific on Sunday, March 31, 2019, 8:30 am to 12:30 pm in the Peace Center. To donate blood, you must be at least 17 yrs. old with valid identification (if 16 yrs. old, must have parental consent). For appointments, go to vitalant.org (click “Donate” then enter the Sponsor Code: Holy-Holy). You may also contact Kendee Sigmon at 510-796-8956 or kendeehs@yahoo.com. One donation can help save up to 3 lives!

St. Vincent De Paul Food Pantry

Heading to the store this week? Consider picking up a few items for our SVdP food pantry:

- Breakfast Cereal
- Macaroni & Cheese
- Vienna Sausage

Please drop off non-perishable food donations at the rectory office. Thanks for your support!

Please note: All food donated must be in factory sealed packages/containers.

A/V Team

Do you like working with cameras, sound equipment, etc.? Join the A/V Team! After completing the internship, each team member receives $27.50 per Mass worked. Must be 16+ yrs. old and willing to work at the 5 pm Mass on Saturday; and/or 7:15 am, 5 pm Masses on Sunday. Space is limited. Please contact Jeff at jeff@holyspiritfremont.org for more information.

From our Youngest Stewards

I helped someone, I prayed, I studied my lessons:

Abbey, Celestina, Ellie, Grace, Joachim, Langston

Special Collections coming up:

CRS-Bishop’s Overseas Appeal| Apr. 7

<table>
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<tr>
<th>Last Sunday</th>
<th>$30,835</th>
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Our pledged Weekly amount (excluding special collections): $31,963

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.
HOW IS LENT GOING?

Are we there yet?! This might be our feeling as we reach the Fourth Sunday of Lent. We are tired of our Lenten disciplines. The simplicity of the Mass – without Alleluia, purple vestments, no flowers – seems boring. Easter seems far away...

This weekend the Church celebrates the Fourth Sunday of Lent, Laetare Sunday. We switch from penitential purple to the joyful rose. Why Laetare? That Latin word is the first word of the Latin Entrance Antiphon chant for the Mass of today, which I highly recommend looking up and listening to (look for Laetare Jerusalem Gregorian chant). What does it mean? Rejoice! Easter is not too far away...

It is time to go deeper. How? The Rite of Christian Initiation of Adults (RCIA) shows us the way. Lent is a time of spiritual preparation for those to be baptized and confirmed at Easter. On the Third, Fourth, and Fifth Sundays of Lent, scrutinies are celebrated during Mass. What do these scrutinies do? The Church tells us that through them,

- “the elect are instructed gradually about the mystery of sin, from which the whole world and every person longs to be delivered and thus saved from its present and future consequences...
- their spirit is filled with Christ the Redeemer...
- [and] the elect should progress in their perception of sin and their desire for salvation.”[1]

The scrutinies remind those to be received into the Church that sin and all of its consequences ruins our lives and that Christ is indeed God’s definitive answer to it.

But these scrutinies are for us, too. We need this time to remember that sin truly makes us miserable and that we need a Redeemer, Christ, to save us. Our joy is truly found in Him. Do I wish Lent was over so I could live a more comfortable life? Do I realize what Christ has saved us from and the true joy that He offers?

Keep up the prayer, fasting, and almsgiving! Don’t give up, even if you failed at times. The Holy Spirit is still at work in our hearts during this time, helping us cherish the great work Christ has done for each of us.

[1] Rite of Christian Initiation of Adults, Period of Purification and Enlightenment, 143

Our Father series will resume after Easter

Written by Fr. Matthew Murray

IN SPIRIT AND TRUTH