Ash Wednesday

“Remember that you are dust, and to dust you shall return.”

Ash Wednesday marks the beginning of Lent, 46 days before Easter Sunday, and is a day of fasting, abstinence, and prayer. It comes from the ancient Jewish tradition of penance and fasting. Ashes placed on the forehead symbolize the dust from which God made us.

**Ash Wednesday Masses**

7:00 am | 8:15 am | 11:00 am | 12:30 pm | 4:00 pm | 6:00 pm | 8:00 pm

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**Mass Schedule**

<table>
<thead>
<tr>
<th>Weekend</th>
<th>Weekday</th>
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</thead>
<tbody>
<tr>
<td>5:00 pm (Saturday Vigil)</td>
<td>Mon. - Fri.: 7:00 &amp; 8:15 am</td>
</tr>
<tr>
<td>7:15 am</td>
<td>9:00 am</td>
</tr>
<tr>
<td>10:45 am</td>
<td>12:30 pm</td>
</tr>
<tr>
<td>5:00 pm</td>
<td>Saturday: 7:00 &amp; 8:15 am</td>
</tr>
</tbody>
</table>
Our Vision: Be a flourishing community of intentional disciples shining as beacons of Christ.

Confession
Saturday: 3:30 pm
Thursday before 1st Friday: 3:30 pm
Weekdays: Call for an appointment.

Eucharistic Adoration
Perpetual Adoration is ongoing in our Governo House Adoration Chapel. Temporarily closed 9 pm—6 am.

Anointing of the Sick
First Saturday (except January) at 12:00 pm. All seniors and those seriously ill or anticipating surgery are invited to attend. Next Mass March 2.

Sacraments
For Baptism, First Communion, Confirmation, Adult Sacraments, Marriage, Anointing of the Sick or Funeral call the office at 510-797-1660 or check out holyspiritfremont.org.

Interested in Catholicism?

### Sunday, March 3 | Eighth Sunday in Ordinary Time
Sir 27:4-7; Ps 92; 1 Cor 15:54-59; Lk 6:39-45

<table>
<thead>
<tr>
<th>Time</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>5:00 pm</td>
<td>Joan Flannigan, Ruth G. Nicholson</td>
</tr>
<tr>
<td>(Saturday Vigil)</td>
<td></td>
</tr>
<tr>
<td>7:15 am</td>
<td>For the People of Holy Spirit Parish</td>
</tr>
<tr>
<td>9:00 am</td>
<td>Sam Mitchell †, Narciso Cruz †, Ignacio G. Yumena †</td>
</tr>
<tr>
<td>10:45 am</td>
<td>Arianna Elefante †, May Wanda &amp; Ladrillono †, Mike Kennedy †</td>
</tr>
<tr>
<td>12:30 pm</td>
<td>Emilia Ymas †, Ben Camagon †, Nelly Gianna Sarmiento †</td>
</tr>
<tr>
<td>5:00 pm</td>
<td>Janet &amp; Duarte Monteiro, Jose S. Mendoza, Jr. †, Maria Corazon Tadiar</td>
</tr>
</tbody>
</table>

### Monday, March 4 | Monday of the Eighth Week in Ordinary Time
Sir 17:20-24; Ps 32:1-2, 5-7; Mk 10:17-27

<table>
<thead>
<tr>
<th>Time</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 am</td>
<td>Jose S. Mendoza †, Dada Oladeinde</td>
</tr>
<tr>
<td>8:15 am</td>
<td>M. Alexander †, Alexandre Simoes</td>
</tr>
</tbody>
</table>

### Tuesday, March 5 | Tuesday of the Eighth Week in Ordinary Time
Sir 35:1-12; Ps 50:5-8, 14, 23; Mk 10:28-31

<table>
<thead>
<tr>
<th>Time</th>
<th>Name</th>
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</thead>
<tbody>
<tr>
<td>7:00 am</td>
<td>Alfonso L. Engalla †, Jose S. Mendoza, Jr. †</td>
</tr>
<tr>
<td>8:15 am</td>
<td>Adelina Garcia †, Jack Faustino †</td>
</tr>
</tbody>
</table>

### Wednesday, March 6 | Ash Wednesday
Jl 2:12-18; Ps 51:3-6ab, 12-14, 17; 2 Cor 5:20-6:2; Mt 6:1-6, 16-18

<table>
<thead>
<tr>
<th>Time</th>
<th>Name</th>
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<tbody>
<tr>
<td>7:00 am</td>
<td>Lucia Nguyen †, Jeanette Cox</td>
</tr>
<tr>
<td>8:15 am</td>
<td>Domingo Carimio, Nela Rocha †</td>
</tr>
<tr>
<td>11:00 am</td>
<td>Merrick Greenhouse †, Feliciano S. Calderon †</td>
</tr>
<tr>
<td>12:30 pm</td>
<td>Mark Hankins, Manuel Benites †</td>
</tr>
<tr>
<td>4:00 pm</td>
<td>Emilio Targhal †, George and Lillian Legier †</td>
</tr>
<tr>
<td>6:00 pm</td>
<td>Alicia Ong †, Pinky Padlan &amp; John Tumampos</td>
</tr>
<tr>
<td>8:00 pm</td>
<td>Gerarda G. Lat †, Lat Family</td>
</tr>
</tbody>
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### Thursday, March 7 | Thursday After Ash Wednesday
Dt 30:15-20; Ps 1:1-4, 6; Lk 9:22-25

<table>
<thead>
<tr>
<th>Time</th>
<th>Name</th>
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<tbody>
<tr>
<td>7:00 am</td>
<td>Barbara Johnson †</td>
</tr>
<tr>
<td>8:15 am</td>
<td>Vu Pham Family</td>
</tr>
</tbody>
</table>

### Friday, March 8 | Friday After Ash Wednesday
Is 58:1-9a; Ps 51:3-6ab, 18-19; Mt 9:14-15

<table>
<thead>
<tr>
<th>Time</th>
<th>Name</th>
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</thead>
<tbody>
<tr>
<td>7:00 am</td>
<td>Mavi Gonzales †</td>
</tr>
<tr>
<td>8:15 am</td>
<td>Wilhermino Velasquez Family</td>
</tr>
</tbody>
</table>

### Saturday, March 9 | Saturday After Ash Wednesday
Is 58:9b-14; Ps 86:1-6; Lk 5:27-32

<table>
<thead>
<tr>
<th>Time</th>
<th>Name</th>
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</thead>
<tbody>
<tr>
<td>7:00 am</td>
<td>Mavi Gonzales †</td>
</tr>
<tr>
<td>8:15 am</td>
<td>Johnny Vu</td>
</tr>
</tbody>
</table>

Please note: Our prayer list is refreshed every week. Feel free to call the office to include your loved one for the week: (510) 797-1660.

Pray for Our Recently Departed
What’s Happening at Holy Spirit?

“I have called you Friends…”

Lenten Parish Mission
Mar 7 | Church

Fr. Bartholomew Hutcherson, OP, will present a Lenten reflection on Jesus’ invitation to friendship and the Sacraments as gifts from Jesus to His friends. On Thursday, March 7, you’re welcome to attend the morning session at 9:00 am or the evening session at 7:30 pm.

24 Hours with the Lord
Mar 8-9 | Church

Bishop Michael Barber, SJ, will initiate 24 hours of Adoration and Confession throughout the Oakland Diocese.

Please join us for Mass and Eucharistic Procession on Friday, March 8, 2019, at 7:30 pm.

Thunder Valley Casino Trip

Join the Filipino Society for a day trip to Thunder Valley on Saturday, March 30, 2019. Bus leaves Holy Spirit at 8:00 am sharp. Tickets are $40, with $20 credit. Proceeds will support parish projects and the Filipino ministry. For tickets, please call Maryanne Gacusan at 510-289-0382 or Mung Bernardo at 510-710-8007. Fun, fellowship, and jackpots are ahead!

Newest Staff Member

Michele Javier-Poma | Communications Specialist

Michele has served in Catholic ministry for 25 years, including as a youth minister for nearly 20 years at St. Edward in Newark and St. Felicitas in San Leandro. She received her M.A. in Pastoral Ministries from Holy Names Univ. and B.A. in Political Science from SJSU. Michele and her husband Phil have a daughter, Gabrielle, who is a college sophomore at LMU in LA. Michele is happy to join the staff and excited to serve the Holy Spirit parish community!
From the Desk of Fr. Lee...

Our Mass and Scriptures today continue the constant message of the Gospel. We are special because God shares His Spirit with us. We see this in our First Reading today. King Saul has been trying to kill David whom he sees as a rival. Saul in our story today is at the mercy of David; David's man wants to kill Saul to save David. David refuses because he sees Saul as a man chosen by God; killing someone chosen by God would be a terrible sin. Each one of you is a beloved child of God and in following David’s example, we, too, must treat each other with kindness and respect.

Saint Paul puts it another way. He tells us we are descended from Adam, the original man, and we are human like him. We bear "the image of the earthly one" and may we never be so foolish to forget or deny our God-given humanity. Paul also reminds us that because we are brothers and sisters of Jesus Christ, "we also bear the image of the heavenly one." Hence, we must always respect each other's humanity and even more so, each other's image of the heavenly one.

That is why in our Gospel today we have Jesus showing us how to put our common humanity and our unique divinity into practice: "Love your enemies" for true Christians don't see enemies, they see Christ. “Give to everyone who asks," Jesus says. In another place Jesus asks us, “If your son asks for bread, would you give him a stone?” How much would you give if Jesus asks, through your brother or sister, for help? My dear brothers and sisters, we have much to reflect on this coming week.

FORMED pick of the week

Go to holyspiritfremont.formed.org, or go to our homepage at holyspiritfremont.org and click the link to be taken to FORMED. Our pick of the week will be on the top of the Community page.

Saint Peter tells the epic story about the key event in European and world history: the spread of Christianity throughout the Roman Empire, focusing on the leader of that new religion. As a dedicated follower of Christ, Peter spreads the message of the Gospel across the land, often staying only one step ahead of those determined to persecute him. As the tension between Christians and Romans grows, blood runs in the streets. Peter and Paul meet and together they form a strong friendship in preaching about Christ.
We're Open!
Parish Office:
M-F. 9:00 - 5:00
Closed Wednesday
Sat. & Sun. 9:00 - 2:00
Faith Formation/De Sousa House Office:
M-Th 8:30 - 4:30
Gift Shop:
Temporarily closed for remodeling
Parish Library:
Sun. 9:00 - 12:30

Kidzone
9 am, 10:45 am, & 12:30 pm Masses
We offer free care for your preschooler every Sunday.
We are located downstairs beneath the church. Please stop by and visit us! More info call Fran at (510) 456-4974.

Clergy
Fr. Kenneth L. Sales, Pastor
510-456-4964
Fr. Lee Chompoochan, Parochial Vicar
510-797-1660
Fr. Matthew Murray, Parochial Vicar
510-456-4965
Dcn. Rigo Cabezas, Dir. of Rel. Ed.
510-456-4975
Dcn. Chuck Glover, Pastoral Care
510-789-8652
Dcn. Steve Lewellyn, RCIA
510-797-1660
Dcn. Tim Roberto, RCIA
510-598-7408
Dcn. Emeritus Richard Yee, Retired

Departments
Business/Maintenance:
Jeff Van der Sluis
(510) 456-4970
Facilities Scheduling:
Rosalyn Jose
(510) 456-4995
Faith Formation and Youth Ministry Office:
(510) 456-4974
Music:
Paul Orella
(510) 673-3873
Safe Environment:
Keiru Bakke
(510) 456-4972
St. Vincent de Paul:
(510) 797-3672

News and Events

$5 Meal Deal
Mar 3, 2019 | Peace Center
The Filipino Society is hosting their $5 Meal Deal on Sunday, March 5, 2019, after the 7:15 am, 9:00 am, 10:45 am, and 12:30 pm Masses in the Peace Center.
Come join us for fellowship and get a great meal for a great deal! Proceeds will go towards the baptismal font fund. Thank you for your generous support!

Mardi Gras Celebration
Mar 5, 2019 7:00 pm | De Sousa House
Fat Tuesday is a long-standing tradition of the Catholic Church and it marks the last day of ordinary time before the start of Lent. All are invited to a potluck celebration on March 5, 2019 at 7:00 pm in D’Souza House followed by the Rite of Palms (burning of Palms for Ash Wednesday). Please contact Deacon Rigo for more information. Email: dcnri-go@holyspiritfremont.org

Lenten Fish Fry
5:00 pm—7:00 pm | Mar 8 | Parish Center
The Knights of Columbus are hosting a Fish Fry this Friday. There’s a choice of baked or fried fish, choice of pasta with meatless sauce, salad and more.
Come stop by and join your fellow parishioners. Choice of dine-in or to-go available.

Morning Reflection
Mar 5 | De Sousa House
Join Fr. Matthew Murray for tea/coffee and donuts as he leads us through a guided reflection on 33 Days to Merciful Love. Beginning March 5, 2019 in D’Souza House on weekday mornings from 6:15 am to 6:45 am ending on Holy Thursday.
Please contact Deacon Rigo for more information dcnrigo@holyspiritfremont.org
**What’s Happening at Holy Spirit?**

**Join Our Staff!**

Would you like to share the talents and graces you’ve been blessed with? Come join us! We are looking for an Office Receptionist and a Gift Shop Manager.

Please go to holyspiritfremont.org/announcements for full job descriptions and details on how to apply. Contact Jeff@holyspiritfremont.org with any inquiries.

**Palms Needed**

Before Tuesday, Mar 5 | Baskets in Church

We need any palms you may have from previous years. Please place them in baskets at the entrances to the church. We will burn them at the Rite of Palms on Tuesday, March 5, 2019, to make the ashes used on Ash Wednesday.

**Crab Feed & Auction**

Mar 23 | 4:30-11:00 pm

Tickets are on sale for the 18th Annual Holy Spirit Crab Feed & Auction. This is one of our school's biggest fundraisers, so we are asking members of the parish to help any way you can. The Crab Feed & Auction is on Saturday, March 23, 2019, 4:30-11:00 pm.

Purchase your tickets at our table outside or online at https://holy-spirit-school.ticketleap.com/crabfeed/dates/Mar-23-

**St. Vincent De Paul Food Pantry**

Heading to the store this week? Consider picking up a few items for our SVdP food pantry:
- Canned Corn
- Chili
- Macaroni & Cheese
- White Rice

Please drop off non-perishable food donations at the rectory office. Thanks for your support!

*Please note: All food donated must be in factory sealed packages/containers.*

**Gift Shop Closed**

The Gift Shop is closed temporarily for renovations. Thank you very much for your patience.

**We welcome our newly baptized!**

Markus and Erik.

**Special Collections coming up:**

Holy Spirit School 3/17

<table>
<thead>
<tr>
<th>Last Sunday</th>
<th>$ 29,152</th>
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</table>

Our pledged Weekly amount (excluding special collections) is: $31,963

Come Holy Spirit, fill the hearts of your faithful and kindle in them the fire of your love. Send forth your Spirit and they shall be created. And You shall renew the face of the earth.
A note from our Pastor

Congratulations, Holy Spirit!

Bishop Michael Barber has chosen our parish to initiate 24 Hours of Adoration and Confession for the Diocese of Oakland with a Mass and Eucharistic Procession here at Holy Spirit Church at 7:30 pm on Friday, March 8, 2019.

As Catholics, we worship and Adore Jesus who is truly and substantially present Body, Blood, Soul, and Divinity in the Holy Eucharist. How awesome is our Lord to give us the Eucharist as a way to approach Him. Do we realize the grace in His gift? If so, what could possibly keep us away from adoring our Lord in the Eucharist?

When I adore our Lord, I see pure Love and ask that my love be like His. I tell Him about my problems, frustrations, hopes and dreams. I imagine Him walking or sitting by my side guiding me. I ask Him to give me the strength and courage to be like Him. I talk to Mama Mary and ask for her intercession and protection to help me become a humble and obedient servant. Above all, I recognize that I am a sinner before God in need of His mercy.

Please join Bishop Barber, Fr. Lee, Fr. Matthew and me in Adoration on Friday, March 8th and Saturday, March 9th. Come to say a prayer before our Lord or read from a devotional or simply remain in the loving silence of God’s presence. The fact that you are there is a prayer in and of itself. So please, visit our website at www.holyspiritfremont.org then click on the button ‘Sign-up for 24 Hour Adoration, March 8-9, 2019’ OR you may visit or call the Rectory Office at 510-797-1660. There is no greater gift you can give our Lord than to spend time with Him.

Jesus awaits your visit.

In Jesus our Eucharistic Lord,
Fr. Ken Sales.