Catholic Schools Week

Holy Spirit Preschool visits Jesus in the Adoration Chapel every week. Please remember our students and teachers in your prayers.

Mass Schedule

Weekend | Weekday
---|---
5:00 pm (Saturday Vigil) | Mon. - Fri.: 7:00 & 8:15 am
7:15 am | 6:30 pm
9:00 am | 1st Friday: 7:30 pm
10:45 am | Saturday: 7:00 & 8:15 am
12:30 pm
5:00 pm

Be Spirit filled and make disciples!
<table>
<thead>
<tr>
<th>Sunday, January 27</th>
<th>Third Sunday in Ordinary Time</th>
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<tbody>
<tr>
<td>Neh 8:2-4a, 5-6, 8-10; Ps 19:8-10, 15; 1 Cor 12:12-30 [12-14, 27]; Lk 1:1-4; 4:14-21</td>
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<tr>
<td>5:00 pm</td>
<td>Angel Salindong †, Riccardo H. Hautea †, Antonio Amiral †</td>
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<tr>
<td>7:15 am</td>
<td>Teodora Espinoga Jacoban †, Maria Amelia Freitas †, Jose Ventura Freitas †</td>
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<td>9:00 am</td>
<td>For the People of Holy Spirit Parish</td>
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<td>10:45 am</td>
<td>Antonio Estrellas †, Alan Ladrillono, Cathy Kennedy &amp; Family</td>
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<tr>
<td>12:30 pm</td>
<td>Pilar Bruno †, Maria Brasil †, Ememorita Gonzalez †</td>
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<tr>
<td>5:00 pm</td>
<td>Almeida Family, Eduardo Diaz †, Pilar D. Bruno †</td>
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**Monday, January 28 | Memorial of Saint Thomas Aquinas, Priest and Doctor of the Church**

| Heb 9:15, 24-28; Ps 98:1-6; Mk 3:22-30 |
| 7:00 am | For the People of Holy Spirit Parish |
| 8:15 am | Emmanuel Valbuena †, Lito & Aida Ramos † |

**Tuesday, January 29 | Tuesday of the Third Week in Ordinary Time**

| Heb 10:1-10; Ps 40:2, 4ab, 7-8a, 10, 11; Mk 3:31-35 |
| 7:00 am | For the People of Holy Spirit Parish |
| 8:15 am | Sonia Macasaet |

**Wednesday, January 30 | Wednesday of the Third Week in Ordinary Time**

| Heb 10:11-18; Ps 110:1-4; Mk 4:1-20 |
| 7:00 am | Joseph & Catherine Rowe †, Terencio E. Faustino † |
| 8:15 am | Felisa & Emilo Miller †, Vicente C. Llamas III † |
| 6:30 pm | Antonio Estrellas †, Alfredo De Luna † |

**Thursday, January 31 | Memorial of Saint John Bosco, Priest**

| Heb 10:19-25; Ps 24:1-6; Mk 4:21-25 |
| 7:00 am | For the People of Holy Spirit Parish |
| 8:15 am | Mary Rani Luis † |

**Friday, February 1 | Friday of the Third Week in Ordinary Time**

| Heb 10:32-39; Ps 37:3-6, 23-24, 39-40; Mk 4:26-34 |
| 7:00 am | Lorraine F. Manalo, Ignacio G. Yumena |
| 8:15 am | Elizabeth Aguirre, Rowena Ignacio |
| 11:00 am | For the People of Holy Spirit Parish |
| 7:00 pm | For the People of Holy Spirit Parish |

**Saturday, February 2 | Feast of the Presentation of the Lord**

| Mal 3:1-4; Ps 24:7-10; Heb 2:14-18; Lk 2:22-40 [22-32] |
| 7:00 am | For the People of Holy Spirit Parish |
| 8:15 am | Soledad Domingo Abubo † |

Please note: our prayer list is refreshed every week. Feel free to call the office to include your loved one for the week: (510) 797-1660.

**Pray for our Sick**

Sal Di Geronimo, Robert Satanto, Zeny Lacey, Esterlita Garcia, Jackie Cunningham, Lucy Verducci, Dan Batacan, Jerlyn Velasco.

**Pray for Our Recently Departed**

Trinidad Yumena, Mary Litwin, Rosario Suarez, Joseph Halbleib.

**Anniversary Blessings**

Ben and Molly Gabel—59 Years

**Birthday Blessings**

Jean Chin, Terri Bissen, Richard Orduno, June Swift, Deborah Weeks.
What’s Happening at Holy Spirit?

Marriage and Engaged Couples Retreat
March 15-17 | De Sousa House | $150 per couple

Couples in Cana Retreat is coming to Holy Spirit on March 15-17; This is an excellent opportunity to bring Jesus to your table, engage Him and your spouse in conversation and turn your marriage into a truly incredible journey of faith and love. Talk to Dn. Rigo at (510) 456-4974 for more information. Space is limited to 25 couples.

Youth Ministry Second Collection and Pasta Feed
February 2 | Special Collection
6:00 pm | February 9 | Pasta Feed | De Sousa House

There will be a special collection next weekend, February 2-3, at all masses to support Holy Spirit Youth Ministry going to LA Youth Day. Also, HSYM is holding a Spaghetti Feed in the de Sousa house on February 9 at 6:00 pm to fundraise for this event. Tickets can be purchased at the door. Thank you for your generosity.

Events Around Campus Today

The Holy Spirit School Parents Club is holding it’s Annual Pancake Breakfast to kick off the Catholic Schools Week!

2019 Holy Spirit Festival Queen's Bake Sale All proceeds from the bake sale will go towards the 2019 Presentation Ball "Beautiful Korea".
From the Desk of Dcn. Rigo...

The Gospel today is charged with very substantial information. First Luke is writing after thoroughly researching the topic matter for the purpose to inform Theophilus (friend of God).

Then the Gospel jumps into the public appearance of Jesus after His 40 days of fasting in the desert and this passage tells us two things – the salvation that God will bring about for His people, and the person chosen, anointed, by the Lord to effect it. Jesus tells them that these two elements of the divine plan are now reality in Him.

The Lord has anointed Jesus with the Holy Spirit to make Him do certain very specific things that define the Christian ethic, ending with the year acceptable to the Lord which is a clear reference to the jubilee year of the Jews, laid down by the Law in Leviticus 25:8ff to happen every 50 years, to symbolize the age of redemption and deliverance that the Messiah would usher in.

The questions here are: have you ever considered yourself a Christian in this sense? Has this Gospel inspired you to search your own purpose in life to help Jesus reconcile the world to the Father?

We at Faith Formation would love to help you find out what is your vocation and for that we have several tools at hand to prepare you for prayer and discernment, for self-awareness and knowledge of self so after encountering the person Jesus you will join in His mission willfully and totally to bring others to Christ, in essence to live the Catholic Lifestyle.

Please call me at 510-456-4974 or email me at dcnrigo@holyspiritfremont.org or come visit me at the de Sousa House, 37648 Fremont Blvd., Fremont Ca 94536 so we may start you on your own journey to get to know yourself and Christ intimately.

May the Lord bless every day of your life.

FORMED pick of the week

Go to holyspiritfremont.formed.org, or go to our homepage at holyspiritfremont.org and click the link to be taken to FORMED. Our pick of the week will be on the top of the Community page.

Made for life

This is a catechetical resource from Marriage: Unique for a Reason, an initiative of the U.S. Conference of Catholic Bishops Subcommittee for the Promotion and Defense of Marriage. The initiative is to help catechize and educate Catholics on the meaning of marriage as the union of one man and one woman. This video explores the unique life-giving properties of authentic marriage and the gift that marriage is to children.
Clergy
Fr. Kenneth L. Sales, Pastor  
510-456-4964  
Fr. Lee Chompoochan, Parochial Vicar  
510-797-1660  
Fr. Matthew Murray, Parochial Vicar  
510-456-4965  
Dcn. Rigo Cabezas, Dir. of Rel. Ed.  
510-456-4975  
Dcn. Chuck Glover, Pastoral Care  
510-789-8652  
Dcn. Steve Lewellyn, RCIA  
510-797-1660  
Dcn. Tim Roberto, RCIA  
510-598-7408

Departments
Business/Maintenance:  
Jeff Van der Sluis  
(510) 456-4970  
Facilities Scheduling:  
Rosalyn Jose  
(510) 456-4995  
Faith Formation and Youth Ministry Office:  
(510) 456-4974  
Music: Paul Orella  
(510) 673-3873  
Safe Environment:  
Keiru Bakke  
(510) 456-4972  
Society of St. Vincent de Paul:

News and Events

Join our Staff!

We have two job openings here at Holy Spirit! One is for an office assistant and the other is for a gift shop manager. Please go to holyspiritfremont.org/announcements for the full job descriptions and details on how to apply.

The application deadline is January 31, 2019.

Contact Jeff@holyspiritfremont.org with any inquiries.

Thrive: A Retreat Day for Parents

This event has been postponed due to a scheduling conflict to a later date. Contact frmatt@holyspiritfremont.org for more information.

Holy Land Pilgrimage

March 11-21, 2019 | Lead by Fr. Ken Sales  
$3500 per person

Fr. Ken Sales will be leading a pilgrimage to Holy Land from March 11th to March 21st this year. The cost of the trip is $3,500 per person (including all taxes) which includes round trip airfare, room, two meals daily, and all transportation for site seeing. Please contact Alex Paras at (510) 509-0585 for more information.
Thank You!

The Ladies in Stitches Ministry want to THANK YOU for supporting their Ministry. Your support to their annual sale has enabled them to donate $1,500 to the Holy Spirit School Scholarship Fund. Thank you again for your generosity.

Congratulations to the winners of the afghan/quilt raffle. The winners were Fr. Lee, Nancy, Anne, Lettie, Victoria and Lourdes.

They look forward to seeing you next year!

St. Vincent De Paul Food Pantry

Heading to the store this week? Consider picking up a few items for our SVdP food pantry:

- Canned Green Beans
- Canned Pasta/Chef Boyardee
- Tuna
- Spam

Thank you in advance! Please drop off non-perishable food donations at the rectory office.

Holy Spirit Gift Shop on Sale!

Now 70% off!

10:00– 2:00 pm | Sundays

We are reimagining our Gift Shop! That means we are clearing our shelves 70% off everything in the Gift Shop and 10% off White wine! Come check out our selection at a great deal!

Open Door to Returning Catholics

7:15 pm | Wednesdays | De Sousa House

Returning Catholics is a parish program that reaches our and invites non-practicing or inactive Catholics to return home to the Catholic Church. Would you or someone you know benefit from this program. Stop in! No registration necessary.

Please welcome our newly baptized!

Alyssa and Gabriella

Special Collections coming up:

Holy Spirit School—This weekend
HSYM LA Youth Day—February 2

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<tr>
<td>Last Sunday</td>
<td>$30,710</td>
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<td>Votive Offering</td>
<td>$482</td>
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Our pledged Weekly amount (excluding special collections) is: $31,963
DIFFERENT FORMS OF PRAYING

Last week we spoke about the need for Faith, Hope, and Love. This week we will reflect on what to say when we pray or different forms of prayer. Allow the Scriptures and other prayers to give you inspiration. A helpful acronym often used for prayer is ACTS: Adoration, Contrition, Thanksgiving, and Supplication.

Adoration. When we adore God-Father, Son, and Holy Spirit—we simply acknowledge the fact that He is God, all-powerful and all-holy (Catechism of the Catholic Church, 2628). Here are some examples:

Jesus Christ is Lord (Philippians 2:11)
You are God: we praise you; You are the Lord; we acclaim you (Hymn, Te Deum)
You alone are the Holy One, You alone are the Lord, You alone are the Most High
(From the Gloria of the Mass)

Contrition. Contrition is being sorry for the sins we have committed and resolving to sin no more (CCC 1451).

Have mercy on me, God, in accord with your merciful love (Psalm 51:1)
O God, be merciful to me a sinner (Luke 18:13)
I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned.
(Penitential Act of the Mass)

Thanksgiving. We should thank God for all of the ways that He has blessed us in our lives.

It is good to give thanks to the Lord, to sing praise to your name, Most High,
To proclaim your love at daybreak, your faithfulness in the night (Psalm 92:2-3)

Supplication. We present to God our own needs and the needs of those we know.

Lord, hear our prayer (From the Prayers of the Faithful during the Mass)
Out of the depths, I call to you, Lord; Lord hear my cry! May your ears be attentive to my cry for mercy (Psalm 130:1-2)
Lord, save us! (Matthew 8:25)

Allow these forms of praying to inspire you to speak to God in these four ways.

This week’s ISAT written by Fr. Matthew

IN SPIRIT AND TRUTH